Calling all new students – get involved with the range of interactive student activities on campus to connect with your classmates and teaching staff in an informal setting.

8–12 AUGUST 2016

RSVP with Student Services at Reception for your course’s activity

STUDENT ACTIVITIES ADELAIDE

Acupuncture
Chinese date tea tasting
Monday 8 August 2016, 11.00am – 11.30am
Room G.18

Join Ivy Yu for Zao Cha (morning tea) and experience Chinese date tea, discuss the properties of tea as medicine while strengthening your Zheng (Upright) Qi.

Naturopathy
Connect with the traditional skills of Naturopathy – learn about poultice making
Thursday 11 August 2016, 11.30am – 12.15pm
Room 2.10

‘Tis the season for warm poultices – come and learn this ancient herbal skill and expand your horizons about plants and their applications.

Nutrition
Nutrition kitchen – healing your gut with everyday foods
Thursday 11 August, 11.00am – 11.30am
Room 2.2

Nutrition Kitchen is a fun and interactive morning tea where we discuss a range of fruits and their benefits to the digestive tract. Learn how to make a fruit salad bursting with digestion-loving enzymes topped with an almond crumble. Yum!